

## Office of Councilmember Stephen C. Padilla District 3

FOR IMMEDIATE RELEASE

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## STATEMENT OF CHULA VISTA COUNCILMAN AND CALIFORNIA COASTAL COMMISSIONER STEVE PADILLA ON TESTING POSITIVE FOR COVID-19

CHULA VISTA - Today, Steve Padila issued the following statement and video (<u>link</u>) on the issue:

"I've tested positive for COVID-19. I am doing well and back at home. I feel healthy, strong and safe. Following the guidance of County Public Health officials, I'm self-isolating and working remotely to serve Chula Vista.

My main concern now is for the well-being of others. My friends and family have been informed and are taking the necessary steps—but it's my duty to be transparent for the entire community. I must be mindful of all I've come in contact with in my service as your Councilman and Coastal Commissioner.

I'm in close coordination with County Public Health officials who are taking all precautions to ensure the health of people I've been in contact with. I continue to work with City and County leaders on measures to keep our community cared for.

I want to remind everyone to keep a safe distance, wash hands, and look out for the elderly most at risk.

This is a scary time. My symptoms—fever, body aches, headaches, chills — came on very rapidly.

If you have symptoms or questions, contact your care provider and visit <u>coronavirus-SD.com</u> for up to the minute information.

Now, is when community really matters. We need to care for others. Be mindful of seniors. And look out for one another – even when we have to keep a distance.

I'll be keeping everyone posted on community updates here in Chula Vista, and throughout San Diego County, as this public health crisis develops."

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Steve Padilla serves as a Councilmember for Chula Vista's 3rd District. Padilla was appointed to the Coastal Commission by Assembly Speaker Anthony Rendon in 2017 after previously serving on the Commission from 2005 – 2007. Padilla is a lifelong Chula Vistan, former Police Detective and former Mayor of Chula Vista.